

OUCH Statistics 2009/10

Event	Distance		Runners	Tot Miles
Eynsham 10k	10	k	6	37.3
Slough X/C	8.5	k	2	10.6
San Silvester-Vitoria-Gasteiz	6.5	k	1	4.0
Culham X/C	6.5	k	1	4.0
Shuttleworth X/C	8	k	1	5.0
Cirencester Duathlon	4	M	2	8.0
Wing X/C	9.5	k	1	5.9
Goring 10k	10	k	6	37.3
Horspath X/C	6.5	k	1	4.0
Bath Half Marathon	13.1	M	3	39.3
Teddy Hall Relays	3.6	M	7	25.2
Reading Half Marathon	13.1	M	2	26.2
Liverpool Half Marathon	13.1	M	1	13.1
Maidenhead Easter 10	10	M	8	80.0
White Horse Half Marathon	13.1	M	3	39.3
Road Relay County Champs	3.25	M	1	3.3
Ox5 Run	5.00	M	1	5.0
Paris Marathon	26.20	M	1	26.2
Brighton Marathon	26.20	M	1	26.2
Hamburg Marathon	26.20	M	1	26.2
Silverstone 10k	10.00	k	3	18.6
Charlton-on-Otmoor (Motavation)	4.10	M	1	4.1
SIS Cotswold Super Sprint Triathlon	5.00	k	1	3.1
Oxford Town and Gown	10.00	k	7	43.5
Edinburgh Marathon	26.20	M	1	26.2
Bletchington (Motavation)	4.26	k	1	2.6
Otmoor Challenge	13.10	M	2	26.2
Varsity/British Sprint Triathlon	5.00	k	1	3.1
Thames 10k	10.00	k	1	6.2
Chiltern Chase	10.00	k	1	6.2
Oxford Parks 4D challenge	5.00	k	1	3.1
Bagley Wood fun run	5.50	k	8	27.3
Toad Hall 10k	10.00	k	1	6.2
Combe (Motavation)	4.90	k	1	3.0
Adderbury Half Marathon	13.10	M	1	13.1
Oxford Parks 4D challenge	5.00	k	1	3.1
Chipping Norton (Motavation)	4.23	M	1	4.2
Hooky Six	6.00	M	1	6.0
Oxford Parks 4D challenge	5.00	k	2	6.2
Burnham Beeches Half Marathon	13.10	M	1	13.1
Marston (Motavation)	4.03	M	1	4.0
Headington 10k	10.00	k	5	31.1
Muenster Marathon	26.20	M	1	26.2
Half Yorkshireman 15M	15.00	M	1	15.0
Sydney 1/2 M	13.10	M	1	13.1
Greifenseelauf 1/2 M	13.1	M	1	13.1
Medmenham 10M	10	M	4	40.0
Pfaeffikersee-Lauf	12.3	k	1	7.6
Cricklade 1/2 M	13.1	M	2	26.2
Henley 1/2 M	13.1	M	2	26.2
Abingdon Marathon	26.2	M	2	52.4
Bottroper Herbstwaldlauf	50	k	1	31.1
Tadley 10	10	M	1	10.0
Hell Runner	9	M	1	9.0
Berlin Team Marathon	10	k	1	6.2
BHF Deerstalker	5	M	1	5.0
			87	911.8

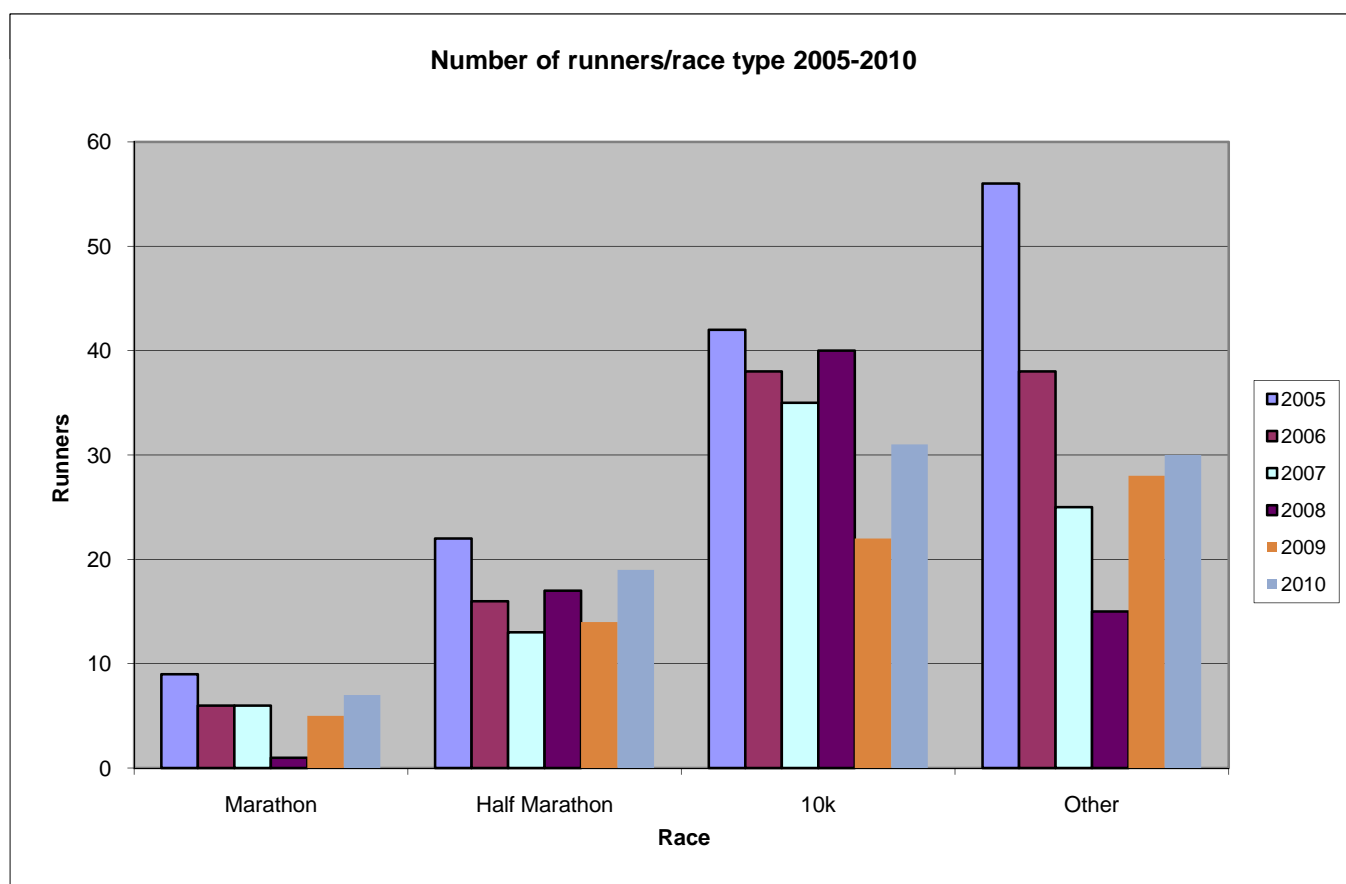
By person (6 or more races)	races	miles
Monika	15	152.7
Stuart	13	76.9
Lizzie	9	78.4
Jol	7	56.5
Emily	7	82.0
Dave	6	89.5
Victoria	6	49.4
Alan	6	41.7
Jason	6	34.9

Total Number of Runs	2010
Tuesdays	183
Thursdays	628

Food and Drink consumed	2010
Packets of crisps consumed	377
Portions of chips consumed	691
Pints of beer consumed	1099

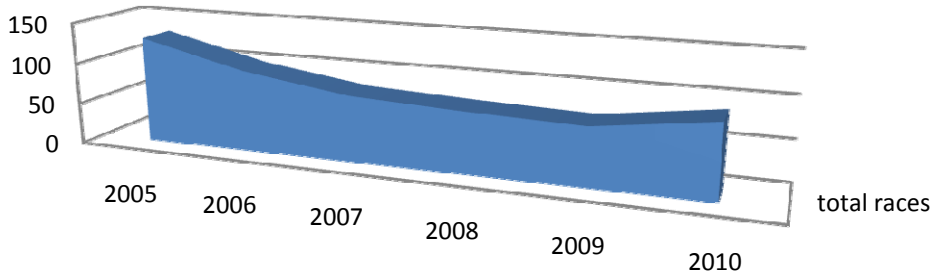
Calories	races	Thurs	Tues	Tot
Used	91175	285740	71370	448285
Consumed		445880		

NB: Curry and other exotic dishes converted to chips. Desserts excluded.



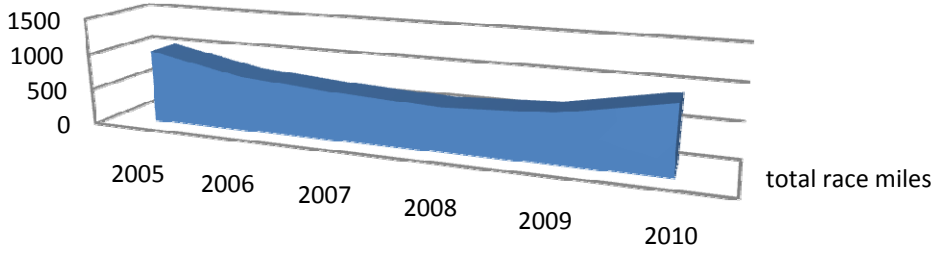
NB: rowing, swimming and cycling events not included

total races



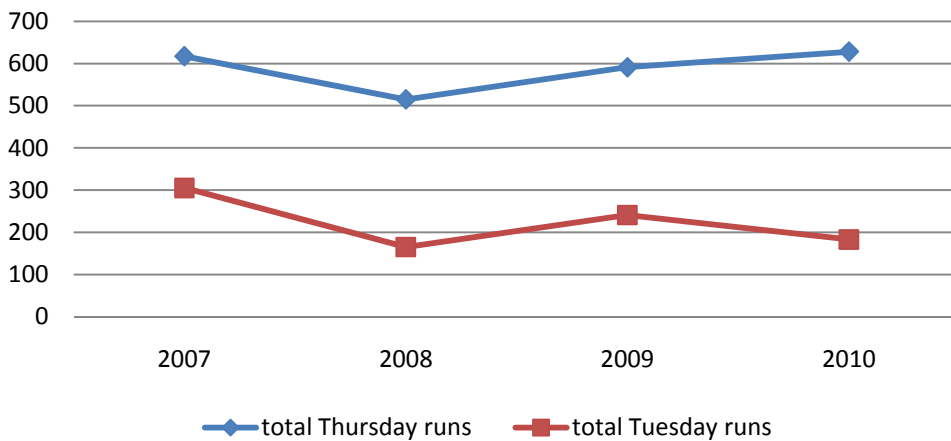
	2005	2006	2007	2008	2009	2010
total races	129	98	79	73	69	87

total race miles

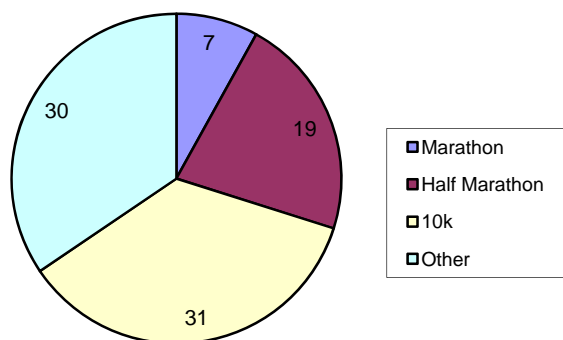


	2005	2006	2007	2008	2009	2010
total race miles	1014.27	756.5	656.8	593.6	659.6	911.8

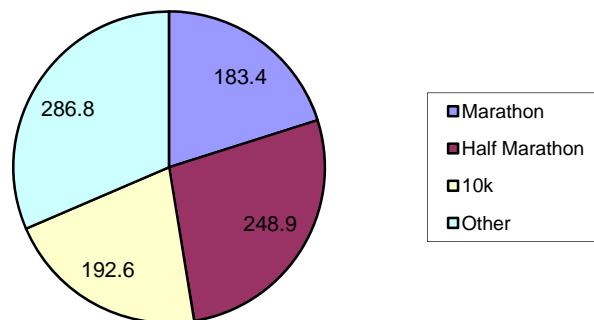
Weekly runs



Number of runners/race type 2010



Number of miles/race type 2010



Handicap runs

Phelim	12 (again!)
Alan	11
Simon	11
Emily	9
Julie	9
Stuart	8
Jolyon	8
Lizzie	8
Ben	8
Richard	7
Victoria	7
Anu	7

Handicap runs (NTTs removed)

Phelim	12
Simon	11
Emily	9
Julie	9
Jolyon	8
Stuart	8
Alan	8
Richard	7
Victoria	7
Anu	5
Ben	5